Do You Know What to Pack?

THE ALL IN ONE TRAVEL HACK

YOUR COMPLETE ITINERARY FROM DAY 1 TO DAY 14

HINTS TIPS INFO AND JUICY DETAILS

A COMPLETE GUIDE TO YOUR PROJECTS
Hey there!

Firstly, on behalf of everybody at Bamboo, I would like to offer you our thanks for choosing to experience this incredible part of the world with us. We guarantee you an amazing time and we're all very much looking forward to meeting you in India soon.

I imagine that right now you’re very excited about your upcoming adventure and this little guide has been put together to help you understand more about what will be happening, what to expect, how to plan and more. We guarantee your time with us will be unforgettable from start to end.

Bamboo is growing as our style of ‘travel’ has proven to be the ‘way’ to travel. You are now a part of this journey and we welcome you with open arms and hearts. This growing experience is down to people like you, so do get stuck in, become part of our way of life, live every moment and take nothing for granted.

Peace, Love & Bamboo
Mark (& the other Panda, Colin

Follow me on Instagram to follow our Bamboo journey @markbamboo
TOUR HIGHLIGHTS

HISTORY
Take a guided tour of the vibrant city of Delhi

BEAUTY
Explore one of the wonders of the world that is the Taj Mahal

WILDLIFE RESCUE
 Volunteer at a world-famous wildlife rescue centre, working to support Elephants and Sloth Bears

THE PINK CITY
A guided walking tour of the beautiful Pink City of Jaipur

STARRY NIGHTS
Experience a night under the stars in the desert of Pushkar

FOOD
Taste authentic and traditional, mouth-watering Indian cuisine
DAY 1 (SAT)

DELHI

Welcome to Delhi, a city ravaged and reborn, a city where lost empires intersect with futuristic skyscrapers, a city with a larger population than the entire country of Australia, and the first city on your Discover India tour.

Our guides will pick you up from the airport—provided you arrive between the hours of 6:00 a.m. and 9:00 p.m.—and whisk you off to your hotel.

From there, feel free to shower, change, nap, or immediately jump into the chaos.

In the evening, providing you’re up for it, we’ll meet for an informal group dinner, dining on a diet of Indian, joviality, and anticipation for the tour ahead.

Meals: None, absolutely none.

DAY 2 (SUN)

DELHI

Dating back to 3,500 CE, Delhi is caught between the ancient and contemporary. Woven next to glitzy malls and towering superstructures are ancient temples, tombs, and centuries-old bazaars where sellers continue to trade the same spices that put this metropolis on the map. It’s a city that assaults the senses, with unseen colours and smells and ungodly noise. It’s Delhi.

Our day begins with a detailed orientation of the city and tour. We’ll discuss how you can make this tour the best decision of your life while simultaneously easing all worries and concerns—we get it, the food’s insanely spicy, squatting toilets are terrifying, and the honking doesn’t stop.

From there, we’ll hop into a rickshaw and zip through the streets no wider than an arms-length, past the old women carrying fruits, stacked a meter high, on their head and through the turmeric-smelling bodegas.

Be sure to grab your camera for the exploration because we’ll also venture to an iconic local market. This gives you the opportunity to get right in the thick of the action, smell the spices, practice your bargaining skills and become one of the locals (sort of).

The tour concludes back at the hotel, where you can either relax until dinner or, if you’re still energized by the city’s pulse, walk through the colourful alleyways into Delhi’s heart.

By nightfall, we’ll meet up for our famous welcome dinner, where you’ll dine on a traditional northern Indian meal and unwind after your first full day in India. Come morning, the adventure heightens.

Meals Included: Breakfast and Dinner.
DAY 3 (MON)
DELHI TO AGRA

This morning begins with some recovery coffee—or a roti from the market if you’re feeling adventurous. You’ll have the morning to explore anything you missed yesterday, which, considering the size of the city, is a lot. History buffs will love the Agrasen ki Baoli. You have the option to visit the Sikh temple where you can volunteer to cook food in the community kitchen for the local people.

By afternoon, we’ll meet for lunch and transport you (a four-hour journey) to Agra, home of the Taj Mahal.

We should arrive by early-evening, enough time to chill out before heading into Agra for an encounter with the Mughal empire.

Meals Included: Breakfast.

DAY 4 (TUES)
AGRA

We will start the day off exploring Agra Fort in India’s Golden Triangle. Designed by Emperor Akbar in 1565 as a military fortress, the Fort was later re-purposed into a palace by the mid-1600s. The building’s red sandstone represents the extravagance and wealth of a long-lost kingdom.

After having a morning in Agra Fort, we will go check out the glorious Taj Mahal. The Taj Mahal will not disappoint!

Standing along the holy Yamuna River, the Taj Mahal symbolizes the legacy of India’s Mughal empire as a “teardrop on the cheek of eternity.” Built in 1653 as a memorial to Shah Jahan’s third wife, the Shah’s gesture of love is celebrated by millions of tourists every year… and now you, too.

We’ll spend the afternoon touring the famous monument, learning about the white marble mosque, embarking on the pristine marble floors shipped from throughout Asia and Europe, and taking far-too-many selfies. Today, though, it’s returned to its military glory.

Our tour—provided you promise not to invade India—includes an exclusive outlook into this historic and beautiful post.

Please note: Depending on the time of year, sometimes we visit Taj Mahal first, then Agra Fort.

By evening, it’s your night to enjoy the atmosphere of Agra. Just rest up tonight because the hard work begins in the morning.

Meals Included: Breakfast.
DAY 5-8 (WED - SAT)
WILDLIFE SOS, AGRA

Rise and shine bright and early this morning. Make sure to get in those morning stretches—remember that arm stretches from P.E. class? Do some of those—because our long days volunteering begins.

For the next four days, you’ll have the unique opportunity to work alongside some of India’s most endangered species: Sloth bears and elephants.

As a volunteer, you’ll spend your days building hammocks, climbing frames, and enclosures for the cute, messy-haired bears. In addition, you’ll venture to our elephant rescue centre and help with the existing elephant population, including building bathing banks, preparing foods, and, of course, feeding and exercising these magnificent mammals.

If you’re concerned about safety don’t be...unless you somehow try to wrestle a bear, in that case, ... umm...please don’t, and we don’t allow physical contact with the bears, anyway. Experienced animal keepers and volunteer coordinators will keep an eye out for you—along with providing a safety course.

Every day here is a tad different, but, rest assured, the two projects will have you sustaining India’s desperate wildlife.

Meals Included Breakfast, Lunch and Dinner.

DAY 9 (SUN)
AGRA TO JAIPUR

Leaving our volunteering days, we’ll say goodbye to the dear elephants—shedding some ele-tears.

Today, we arrive in Jaipur, India’s infamous—and Insta-famous—Pink City.

We’ll quickly shuttle you to your hotel where you’re free to explore the city by night. Hint, some of the best shopping experiences can be found in the city’s ancient bazaars. It’s a place to buy aromatic curries or haggle your way to a sapphire—up to you.

Meals Included: Breakfast.

Meals Included Breakfast, Lunch and Dinner.
**DAY 10 (MON)**

**JAIPUR**

More relaxed than Delhi, Jaipur’s colourful chaos erupts in a brew of old and new. Speeding rickshaws dodge dawdling camels, and, in the middle of this mayhem, Jaipur somehow maintains a relatively relaxing charm.

Venturing into the pulse that’s sustained this city for centuries, we’ll tour the city’s most well-known sights like Hawa Mahal and the Pink Palace. Our guides will also dive into the famous lanes past the numerous bazaars where you can find nuggets of literal gold—and the fake stuff—actually, mostly the fake stuff.

Meals Included: Breakfast

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**DAY 11 (TUES)**

**JAIPUR TO PUSHKAR**

Covering 77,000 square miles, the Thar Desert, a.k.a. The Great Indian desert is a sight out of an Indian dreamscape.

Once we arrive in Pushkar we will put our bags into a safe location and take a short tuk tuk ride to see the amazing work that happens in a nearby Animal hospital.

By late afternoon we’ll jump on board a jeep and transfer you into the desert (of course, if you don’t want to head into the desert, we’re happy to arrange a night in a hotel for you) we’ll ride into the sandy desert during sunset to our home for the night, a tent-like gazebo in the middle of nothingness.

Sleeping beneath the stars, we’ll wonder how on Earth we ended up here and experience what life was like just a century ago in India.

The desert landscape changes depending on time of year. It may be sandy during some seasons but more ‘oasis-like’ other parts of the year, but a stunning sight to see all year round nonetheless.

Meals Included: Breakfast and Dinner.
DAY 12 (WED)
PUSHKAR

Perhaps the most important pilgrimage site for devout Hindus is the Rajasthani town of Pushkar. Curling around a holy lake—said to have appeared when Brahma dropped a lotus flower—Pushkar hums and marches to the beats and chants of Hinduism. This holy town contains roughly 400 milky-blue temples and vibrant, packed markets with statues of Shiva and Parvati.

Driving to Pushkar and settling, we’ll then meander our way through the town’s holy sites—it is one of the five holy places for Hindus in India—and enliven a certain spirituality within all of us, whether it pertains to Lakshmi or the far-too-delicious Dal Baati Churma.

Our day will conclude enjoying a delicious last hurrah meal and toast to a life-changing adventure in India—and a promise to return.

Meals Included: Breakfast and Dinner.

DAY 13 (THURS)
PUSHKAR TO DELHI

The trek back to Delhi begins in the morning and will take almost all day—probably around 8-hours in total. Sit back and relax in the air conditioning because, with India’s insane traffic, who knows how long this journey could take.

Once back in the capital, we’ll get you settled at the hotel for your last night.

Depending on the time we arrive you maybe able to grab some last-minute souvenirs and one final Mutton Korma or Paneer Tikka. You surely won’t experience anything like this for a while.

Meals Included: Breakfast.

DAY 14 (FRI)
DELHI

So long. Farewell. Auf Wiedersehen. Adieu. It’s been an amazing two weeks, right? Well, we hope so. Remember your days with Bamboo and the life-changing journey you took across one of the most beguiling countries in the world.

You will have your hotel room until 12 in the afternoon, however a late checkout can be arranged if needed. We just don’t want you to go!

Hugs.

Meals Included: Breakfast
<table>
<thead>
<tr>
<th></th>
<th>What’s included</th>
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<tbody>
<tr>
<td>1.</td>
<td>Airport Arrival Pickup between 6am and 9pm</td>
</tr>
<tr>
<td>2.</td>
<td>All Accommodation</td>
</tr>
<tr>
<td>3.</td>
<td>All Activities outlined above</td>
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<td>4.</td>
<td>Welcome meal in Delhi</td>
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<td>5.</td>
<td>Donation to Wildlife SOS</td>
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<tr>
<td>6.</td>
<td>Our guides to accompany you</td>
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<tr>
<td>7.</td>
<td>Heaps of meals</td>
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<tr>
<td>8.</td>
<td>Guided Tour of the Taj Mahal</td>
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<tr>
<td>9.</td>
<td>Explore Jaipur</td>
</tr>
<tr>
<td>10.</td>
<td>Memories that last a lifetime</td>
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<tr>
<td>11.</td>
<td>Desert Experience</td>
</tr>
</tbody>
</table>
ENTRY REQUIREMENTS

Depending on your country of citizenship you may be entitled to a 1-year e-visa for India, which starts the day of approval.

This VISA will need to be applied and received BEFORE you travel to India.

Please note that entry into India is at the discretion of the Immigration officer at the passport counter.

Visa applications can be submitted in person or sent by post to an Indian consulate. It can also be submitted to designated Visa service provider in certain countries.

Costs differ per consulate and region. Some visa-handling services charge a small fee to check that completed application forms meets all requirements and to submit the documents on the applicants' behalf.

Important! THIS IS YOUR RESPONSIBILITY.
**NEW DELHI**

**HOTEL**

Your accommodation here will be twin shared rooms with western style bathrooms, hot running water, air conditioning and WiFi.

The hotel also has a restaurant serving local and western style dishes.

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**AGRA**

**GUESTHOUSE**

Your accommodation here will be twin shared rooms with western style bathrooms, hot running water, air conditioning and WiFi.

Breakfast is served at the guesthouse.

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**AGRA VOLUNTEERING**

**PRIVATE VOLUNTEER HOUSE**

Your accommodation here will be shared rooms, 2 - 4 people with fans and coolers and a shared bathroom with hot running water.

Food is prepared by the house chef and a kitchen is available for your own use.
JAIPUR
HOTEL

Your accommodation here will be twin shared rooms with western style bathrooms, hot running water, air conditioning and WIFI.

There is a restaurant which serves only vegetarian food.

PUSHKAR DESERT
UNIQUE DESERT EXPERIENCE

Your accommodation here will be twin share in either brick or tent style rooms.

The camp has bathrooms with cold showers and western style toilets.

PUSHKAR
HOTEL

Your accommodation here will be twin shared rooms with western style bathrooms, hot running water, air conditioning and WIFI.

The hotel has a cool swimming pool available for guests to use.
When it comes to us giving advice on how much money to bring, it's entirely up to you!

All our BamFam members are very different, where some go all out, others are on a budget. You can find both high end and budget restaurants, markets and shops throughout. A rough guide for meals and drinks are below.

The currency used in India is Indian Rupees, abbreviated RS. Typical exchange rates at the time of writing are:

$1 USD - 70 RS  
£1 GBP - 90 RS  
$1 AUD - 50 RS

The INR is a closed currency so it's unlikely that you will be able to change your currency before you arrive, but there are a number of currency exchange desks in the arrivals area of the airport.

Banks across India have bizarre hours of operation and it may cause unnecessary hassle finding a bank open when you wish to make a transaction.

Major credit cards are widely accepted in India. It is however always useful to have cash on you. We don't recommend bringing traveller cheques with you.

If you do plan to bring your ATM card with you, we do recommend that you inform your bank. This should prevent your card being suspended by your bank due to irregular withdrawals.

The currency in India is known as the Rupee

Remember to tell your bank that you are leaving the country to avoid your card being suspended.
CLOTHING

Packing for a trip to the unknown is always tricky. It's definitely worth doing a little bit of homework on this one and to consider the local culture when deciding what clothes to bring.

Two adverbs govern how tourists should dress in India: comfortably and respectfully. What is comfortable is not always respectful, and vice-versa, so this can limit the dress code for many visitors. Knees and shoulders should be covered at all times in India (unless on the beach) as a sign of respect.

When visiting temples and other religious sites on your own or part of a tour, be on the lookout for signs advising visitors to dress in a specific way to enter the temple. The government of India advises that some religious institutions require visitors to cover their heads or remove their shoes.

You should also consider the weather. India has two prominent weather seasons: "Hot & Dry" and "Hot & Wet".

During the months of March to September, this is considered the warmest time of year in India. October through to February tend to be the coolest months with highs of 25°C and lows of 13°C.

It can also be relatively cool overnight with temperatures ranging from daytime highs of 46°C to nighttime lows of 16°C. Please bare this in mind when packing for your trip.

FAST FACTS: FAUX PAS

Take off your shoes at people’s homes, places of worship and even in some shops and businesses. Rule of thumb: If you see shoes near the door, assume you should take yours off too.

We highly recommend buying a sarong, which you can get at just about any market.

Indians hold their palms together and say ‘Namaste’ (nuh-mus-tay) while greeting each other.
VACCINATIONS

For up to date information about the best travel vaccinations to have before arriving in India we urge you to contact your own GP, a travel health clinic or to check the World Health Organisations website. Bamboo are not medical professionals and therefore can’t offer you medical advice.

FLIGHTS

Thanks to the world wide web we now have access to great flight deals through websites such as Skyscanner, Google Flights and more. If you’d rather use the services of a booking agent, the likes of STA Travel, Trailfinders and Flight Centre, they are all available online.

To be eligible for the airport pick-up, please arrange your flight to arrive at Delhi International Airport on Saturday that your tour starts between 6 am and 9 pm. If you arrive outside of these times you will need to make your own way to the hotel.

If you are making your own way we recommend you use the pre-paid taxi booth behind pillar 16 or private cabs called MERU cabs. The journey in the day shouldn't cost more than 800 rupees. In the night it will be around 1500 rupees.

Your first hotel is called Hotel Meridian Plaza and is on Greater Kailash 1.

Please remember that this tour starts in Delhi and finished in Delhi.

IMPORTANT NOTICE

Once you have booked and confirmed your flight to Delhi, please make sure that you have shared your flight arrival time and flight number with our team. Without those details, we will be unable to guarantee that one of our team will be at the airport to meet you on arrival.
Delhi’s Indira Gandhi International Airport is one of the busiest airports in Asia and can be a confusing place. A major international hub that welcomes millions of visitors annually, the following information is to help you locate our arrivals team quickly and to avoid unnecessary delays.

Once you have disembarked your flight, you will need to make your way to the immigration counter. It can be a little confusing but just follow the signs which point to the e-visa counter which is at the far end of the immigration counters.

Once you have passed through Immigration (Passport Control) and received your arrival stamp, you’ll need to collect your luggage from one of the carousels. If you need to change any currency this is the place to do so.

Once you have your bags please make your way to the exit, passing through the green ‘Nothing to Declare’ channel. Once through you will enter the busy main arrivals area.

A member of our team will be waiting for you outside doors 4-6 (the international arrivals gates) They should be easy to find with their bamboo T-Shirt on holding a bamboo sign.

If you can’t see any of our team, don’t panic. When you walk out you will see big pillars with numbers on, standby pillar 16 and our guide will find out.

When you’ve spotted our team, please head over and introduce yourself. You’ll then receive further instructions. Please bear in mind that we may be waiting for others to arrive so your transfer to the hotel may not be immediate but we’ll get you there as soon as possible.

As mentioned above to be eligible for the airport pick-up, please arrange your flight to arrive at Delhi International Airport on Saturday that your tour starts between 6 am and 9 pm.

ARRIVALS INFO

Your first hotel is called Hotel Meridian Plaza in Great Kailash 1

Keep your eyes peeled for the smiling face that holding our Bamboo logo - Kooga our guide in the photo above loves to smile, honest!

If you arrive outside of these times you will need to make your own way to the hotel.

If you are making your own way we recommend you use the pre-paid taxi booth behind pillar 16 or private cabs called MERU cabs. The journey in the day shouldn’t cost more than 800 rupees. In the night it will be around 1500 rupees.
Getting from point A to B across India can be quite an experience.

Urban buses range from fume-belching, human-stuffed mechanical monsters, that travel at breakneck speeds, right through to sanitised air-conditioned vehicles with comfortable seating and smoother ride quality.

The mode of transport during your adventure will vary depending on distance, time of year, and group size.

Between the major cities, we will use a variety of transport varying from private AC taxis, tourist buses with AC, of course, and on occasion, we will use an express train with reclining seats and AC.

Around the cities, we will use the traditional mode of transport which is an auto rickshaw.

Similar to the tuk-tuks of Southeast Asia, the Indian autorickshaw is a three-wheeled, motorised contraption, with a tin or canvas roof and sides, usually with room for two or three passengers (although you'll often see many more squeezed in).

DID YOU KNOW?

Be it because of religious reasons or personal choices or both, around 20-40% of Indians are vegetarians, making it the largest vegetarian-friendly country in the world.

Taj Mahal FACT

False structures and scaffolding were constructed around the Taj Mahal throughout different conflicts to confuse German, Japanese, and Pakistani bomber pilots.
Any tour is only as good as the guide – fact. The input of a tour guide cannot be understated. Their input into your tour, their little insights, the off-the-beaten-track adventures, the knowledge and experiences that they share with you will make or break your time wherever you are in the world.

At Bamboo, we take the selection and training of our guides and coordinators very seriously. Each guide undertakes a structured training program of three months and only once we’re convinced that they are genuine representatives of Bamboo are they signed up to the family.

Each of our tours has English-speaking guides to support you, answer your questions, educate you and to ensure that your time is unforgettable. From time to time we may have new guides-in-training on our tours. If you’re lucky to have a trainee on your tour, please be patient. They are undergoing training and therefore their knowledge won’t be that of the trained and experienced guide who will be accompanying them.

**TIPPING**

Although not in any way expected or encouraged, anybody who goes over and above the call of duty to ensure that you have the very best time, may deserve a special little thank you.

Did you have extra special service in a restaurant? Did the bus driver make an additional pit-stop just for you? Did your guide go out of the way so that you could experience something unique? At Bamboo we’re firm believers in Karma – what goes around most definitely comes around!
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<tr>
<td>0</td>
<td>An open mind</td>
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<tr>
<td>1</td>
<td>Backpack or suitcase w/wheels</td>
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<tr>
<td>2</td>
<td>Travel towel</td>
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<tr>
<td>3</td>
<td>Light, loose-fitting clothes</td>
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<td>4</td>
<td>Long trousers, long sleeved shirts</td>
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<td>5</td>
<td>Warm clothes for the evenings</td>
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<tr>
<td>5</td>
<td>Gloves for volunteering work</td>
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<td>6</td>
<td>Trainers or sneakers</td>
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<td>7</td>
<td>Day pack/bag</td>
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<td>8</td>
<td>Insect spray</td>
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<td>9</td>
<td>Hat &amp; sunscreen</td>
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<td>10</td>
<td>Reusable water bottle</td>
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<td>11</td>
<td>Multi-use plug adapter</td>
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<tr>
<td>12</td>
<td>Flip flops or sandals</td>
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</tbody>
</table>
The ‘can brings’

Everyone is different, so the following list is just a few suggestions of things you may like to consider bringing.

1. Medical Kit
2. Toiletries
3. Hand sanitizers
4. Small umbrella or water jacket
5. Earplugs
6. A dust mask
7. Clothes you that you can throw away
8. Home luxuries (you can't live without)
9. Card games or books
Simply put, we only work with the best: WILDLIFE SOS.

As a volunteer, you will spend four days working to support the bears and elephants at Agra. Duties include building hammocks for Sloth Bears to rest in, constructing enrichment structures for play and assisting keepers with their daily routines. In addition, you will also have the opportunity to visit our elephants and help with their feeding.

By volunteering at the Wildlife SOS Rescue Facilities, you will make a major contribution to the welfare of bears and elephants in India. Part of your tour cost includes a programme fee that will go directly to the centre, thus providing a critical source of funding for future work.

On a personal level, you will have the unique opportunity to work alongside some incredible animals and gain the satisfaction that comes from helping to make a positive impact on their lives (and yours!). Working with the local community and the inspiring people who run these projects is an opportunity of a lifetime!
ELEPHANTS

The survival of the Asian Elephant in India is critical to the survival of the entire species in South East Asia. Home to almost 60% of Earth’s remaining elephant population, India is plagued with a lack of awareness and education which leads to the persistent enslavement of these amazing animals for manual labor, performances, processions, entertainment and street begging.

Wildlife SOS specifically addresses the problem of injured and sick elephants that are forced to work in slums and crowded cities. Their aim is to reach out and help the elephants living in urban environments that are wounded, malnourished and dehydrated or those being used illegally and commercially under deprived conditions. They currently offer medical services to these needy elephants and train their handlers, ‘the mahouts’, on humane treatment and management of these gentle giants.

SLOTH BEARS

The Indian Sloth Bear (Melursus Ursinus) can easily be recognized by his shaggy black coat, long muzzle, protruding lip and a white V-shaped patch on the chest.

For over 400 years, the Sloth Bear had been a target for human exploitation. Over centuries, as the kingdoms in India disappeared, the ‘dancing’ bear trade transitioned to become entertainment for villagers and tourists who paid to watch the bears jump in agony.

In December 2009 Wildlife SOS rescued what we believe was the last ‘dancing’ bear in India.
What’s Involved

No previous experience is required but you will need to be willing and enthusiastic. A strong interest in conservation and wildlife is recommended. You will need to be physically fit, able to tolerate high temperatures and humidity, work well within a team and be adaptable to living and working in a group.

- Food Prep for bears/elephants
- Assisting keepers in cutting fruits/loading/making enrichment treats
- Distribution of food to the bears/elephants.
- Maintenance of the enclosures and facilities.
- Bear & elephant observations.
- Enrichment structure construction.
- Gardening / plantation /nursery maintenance & development.
- Knitting of coil Rope for hiding enrichments.
- Organization of facility resources.
- Facility-wide mechanical assistance.
- Painting maintenance work & plumbing maintenance work.
- Removal of weeds in enclosures.
Q. Is the water safe to drink in the accommodations provided?
A. All the hotels and volunteer volunteer house have filtered water available which can be refilled as many times you want. Wifi is also available in all accommodations except the Camping in Pushkar!

Q. What’s the volunteer house like?
A. The volunteer house is more like an apartment/condo. There is wifi, a filtered water dispenser, triple/quad bedrooms, hot water, washing machine. The meals provided in the volunteer house will be traditional Indian vegetarian food.

Q. What will the camping be like and how cold does it get at night?
A. The camping is more like glamping. It has tents and cottages with attached bathrooms. The hot water works, when it wants to, but there is no WiFi. There are power sockets to charge your phones though.
Q. Why do we need to bring gloves and long sleeves?

A. Long sleeves are required when cutting sugarcane to feed the elephants in the morning and evenings. The sugarcane can itch or irritate your skin, so that's why we state in the 'Must Brings' to bring them! Gloves are important as well because they are used mostly while building platforms, cleaning pools, using knife's or axes for making platforms and picking up poop. We just want you to be safe and protected while volunteering!

Q. Should I exchange money at the airport or a local money exchange kiosk?

A. We suggest that you exchange some money at the airport when you first land in Delhi because there is not a currency exchange kiosk near the Delhi hotel we stay at. There are many kiosks to exchange money along the tour, so you can get as you go!

A. I hope you like curry and spicy food as that is what you will get! The hotels and volunteer house are vegetarian, so make sure you get your meat fix when you're eating out! If you have any food intolerance's or allergies, you will need to take your own supplies – gluten free doesn't really exist in India. The guides will help you navigate menus but just be prepared that it might be a little more difficult if you do have certain food preferences. Enjoy the local cuisine and take it all in if you can!
BEFORE YOU ARRIVE

Please ensure you have given the following information to our team before arrival so that we can ensure you have the best experience ever!

Please email bookings@wearebamboo.com with the following information:

ARRIVAL DETAILS
- Arrival Flight Date (dd/mm/yyyy)
- Arrival Flight Time
- Flight Number

HEALTH & SAFETY
- Your Travel Insurance provider
- Travel Insurance Policy Number
- Travel Insurance Emergency Number
- Any medical conditions and allergies
- Any medication you're taking

PERSONAL DETAILS
- Name On Passport
- Passport Number
- Other Passport Information
- Nationality
- Date Of Birth (dd/mm/yyyy)
- Gender
- Contact Number

FOOD ALLERGIES
Please inform us if you have any intolerance to the following foods and ingredients:
- Dairy
- Soy
- Eggs
- Peanuts
- Tree Nuts
- Fish
- Shellfish
- Sesame

- Corn
- Gluten
- Lactose Fructose
- Histamines
- Fructans
- Galactans
- Salicylates
- Other (Please Specify)
TERMS & CONDITIONS

Please read these Terms and Conditions carefully as they form the basis of your contract with WeAreBamboo. This agreement is made at the time of booking and becomes legally binding upon payment of your deposit. By booking a program with WeAreBamboo, you signify you have read and accepted these Terms and Conditions.

All programs advertised on our website and/or on Facebook are offered and/or operated by WeAreBamboo Ltd. (trading as Bamboo and referred to as Bamboo or ‘we’ hereinafter) with company number 59926953 whose registered office is:

**WE ARE BAMBOO**
**LEVEL 2**
**61 SEAVIEW ROAD**
**LOWER HUTT, NEW ZEALAND 5010**

All travel arrangements are sold subject to the following conditions. Bamboo reserves the right to update the Terms and Conditions at any time.

Please view our full terms and conditions here: https://www.wearebamboo.com/about/legal.php

Please note that the information in this pack is subject to change at any time without notice.